as a preventive doesn't automatically put it in the category of "better safe than sorry." this is a lesson

b2ar ubiquitination occurs via a currently unidentified e3-ub ligase that is recruited to the receptor by b-arrestin, which itself is ubiquitinated by the e3-ub ligase mdm2

it is generally well tolerated, although some people may have side effects including liver problems, nausea, headaches, diarrhoea, and hair thinning or loss.